## <u>Intermountain Lacrosse</u> Grade-Division Variance Form:

Intermountain Lacrosse believes that it is essential to our player's safety, development, and maturity as lacrosse athletes to participate in the appropriate grade-division as set forth in our policies. However, variances may be granted for players to participate in a grade-division that differs <u>no more than</u> one school grade from the player's current academic standing.

If you wish to pursue a variance for your child please review the following information below, and successfully complete the remainder of this form by obtaining permission and consent from all parties listed. Once completed please submit to Intermountain Lacrosse via email at <a href="mailto:info@imlaxutah.org">info@imlaxutah.org</a>.

\*Intermountain Lacrosse reserves the sole right to approve or deny any variance request.\*

Things to consider before making a decision:

- 1. <u>Height and Weight of Child</u> v. Height and Weight of Avg. Athlete in the age segment being considered to move to.
- 2. <u>Emotional Maturity</u> This is tough to measure, but a conversation should be had with parents, previous coaches, etc...to ensure that the child will "fit in" with his/her peers at the requested age segment.
- 3. <u>Skill Development</u> Do they have the skills to be competitive with the athletes in the proposed age segment?

"When considering moving a player to an age division that is different than their chronological age, a variety of factors should be considered to ensure that the athlete is moving for just cause. There are essentially three criteria to consider. First and foremost, we must look at the athlete's developmental age. Developmental age is different from their chronological age, in that it is a measure of physical development. If they are physically developed to a point that is comparable to the average of athletes in the alternate age segment, then they meet the first criteria. Second, we need to consider their social/emotional development. There can be significant differences in the social/emotional maturity of kids, especially if we are looking at a scenario where an athlete qualifying for the 12u age segment, were moving up to play in a 14u category. If the athlete is of a similar social/emotional maturity level of the proposed age segment, then they meet the second criteria. Finally we look at the athletes sport age or how long they have been playing the sport. As a general rule, the longer an athlete has been playing the sport, the better their skills and game understanding will be. If their sport age is comparable to that of the proposed age segment, then the athlete passes the third criteria. Often times, especially in the case of "playing up," we look purely at the sport specific skills of the athlete and make a determination that he/she can play with older kids. While this is a fair assessment criteria, it is only one factor and we must consider the physical and mental well-being of the athlete with greater weight than we do their sport skills." - TJ Buchanan, Technical Director of Athlete Development at US Lacrosse

Players Name:	Current Grade:	Program:	
Parent/Guardian (1) Name:			
Parent/Guardian (1) Signature:		Date:	
Parent/Guardian (2) Name:			
Parent/Guardian (2) Signature:		Date:	
Coach (1) Name:		Grade-Division:	
Coach (1) Signature:		Date:	
Coach (2) Name:		Grade-Division:	
Coach (2) Signature:		Date:	
Program Director Name:		_	
Program Director Signature:		Date:	

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