



CALL for EMERGENCIES - 801-590-9950

**TIME FORMAT**

K-1	10-Min Running Quarter
2-4 grade	10-Min Running Quarter
5-6 grade	12-Min Running Quarter
7-8 grade	12-Min Running Quarter

**TIME OUT**

1 per team per half
1 per team per half
1 per team per half
1 per team per half

**OT**

No
No
2 - 4 min periods
2 - 4 min periods

**MERCY**

4 goal lead
4 goal lead
6 goal lead (both coaches agree)
6 goal lead (both coaches agree)

**\* grades 5-8 - stop time last 2 minutes of the game (stop clock for dead balls - goals, out of bounds, etc)**

Team Name \_\_\_\_\_

Team Name \_\_\_\_\_

Score		Penalty			Score		Penalty		
Player #		Player #	Time Served	Offense	Player #		Player #	Time Served	Offense

**Note: 3 personal fouls and a player fouls out of the game (slash, illegal body check, cross check, trip, unnecessary roughness, etc)**